

FALL 2023 CLASS SCHEDULE

All courses will run for 7 weeks, unless otherwise noted

Time	Course	Instructor
9:00-10:00	Introduction to Tai Chi and Qigong – Class Limit 18	HARRIS
	Through the Eyes of the Artist	STADELMAN
	World History as Told by Salt	SMITH
10:10-11:10	Elder Law: SAGE Advice Series	WILLIGER
	Heroes of the Holocaust	FROMET
	A Gift of Time	SMITH
11:20-12:10	1 st LUNCH in Parish Hall	
	Looking at “May Fourth” Through the Documentary Lens (4 lectures; Oct 3, 10, 17, 24 only)	DAVIS / TIENE
	“Women Who Run with Wolves”	McINTYRE
	World Monuments and Structures	FROMET
12:20-1:10	2 nd LUNCH in Parish Hall	
	Enough About Me...Let’s Hear About You – Class Limit 18	BURGESS
	Reading and Reflection	BHATIA
	Fascinating Men: Washington, Jefferson, Lincoln, and Elvis	SCHECTER
1:20-2:20	Great Instrumentalists across a Variety of Musical Instruments and Eras	COHEN
	Mind over Body: Ways to Change Behavior	CHANDLER
	News and Views	McINTYRE
	The Upright Life According to Four Religious (4 lectures; Oct 3, 10, 17, 24)	BARNETT
	East Meets West: Gurmukh and Neelam (3 lectures; Oct 31, Nov 7, 14)	BHATIA
2:30-3:30	Moments in Music	WILES
	Common Psychiatric Disorders: Diagnosis and Treatment	TOREM
	TV Game Show Fun	NEMETH